

# Registration for the Seminar The Art Of Blooming

with Annika Sala

**Ort:** Movement Space Hamburg, Paulinenallee 28, 20259, Germany

**Dates July 2026:** July 3 – 5, 2026

**Dates August 2026:** August 14 – 16, 2026

**Participation:** Open to everyone aged 8 years and older.

**Seminar Language:** German and English

**What to bring:** Open Heart and a smile. Comfortable clothing that allows you to move freely and with ease.

I warmly invite you to Hamburg, Germany to experience The Art Of Blooming.

The Seminar follows a clear and disciplined structure by traditional Chinese Martial Arts. The training is focused, embodied and practical, while always connected to inner awareness and personal development.

The Seminar is suitable for both beginners and advanced participants and offers space for physical development, mental strength and shared training.

## Seminar Schedule:

- **Friday,** 1:30 pm – 8:30 pm
- **Saturday,** 7:00 am – 8:30 pm
- **Sunday,** 7:00 am – 4:00 pm

## Registration

**First and Last Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Signature & Date:** \_\_\_\_\_

## **Selected Seminar Weekend (please check one)**

Friday, July 3 – Sunday, July 5

Friday, August 14 – Sunday, August 16

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## **Payment Information**

The **regular participation fee is €399 (Euro) including 19% statutory VAT.**

For early registration, a reduced **Early Bird Rate of €349 including statutory VAT** is offered. This rate is valid until the respective deadline stated below.

The applicable rate is determined by the date and time of receipt of your registration form via email. After the Early Bird deadline has passed, the regular participation fee automatically applies.

The respective deadlines for each seminar date are listed below:

Friday, July 3 – Sunday, July 5 -> **Early Bird Rate valid until June 5**. Regular rate from June 6.

Friday, August 14 – Sunday, August 16 -> **Early Bird Rate valid until July 7**. Regular rate from July 18.

**Registration is binding and becomes effective upon receipt of your fully completed registration form via email. After reviewing your registration, you will receive a written confirmation. Your seminar place is considered officially reserved upon receipt of this confirmation.**

**The participation fee is payable in cash in Euro on site. An invoice for the seminar fee can be issued.**

**What is included:**

The seminar fee includes all training sessions of the selected weekend (Friday, Saturday, Sunday)

**Breaks & Chill-Out-Area:**

A chill-out area is available. During breaks, participants are welcome to relax indoors or step outside to rest between sessions.

**Accommodation & Meals:**

Accommodation is not included in the seminar fee. Participants are responsible for booking their own lodging according to personal preference (e.g. hotel, Airbnb or Hostel).

Meals are not included. A kitchen is available where food can be warmed up or prepared in a simple way. As the space is shared with multiple participants, everyone is kindly asked to be considerate and refrain from extensive cooking. Warming up meals or preparing light food is absolutely fine.

***Registration is binding. If a participant is unable to attend, the booked seminar weekend can be transferred to another person. If neither participation nor transfer takes place, registration for future seminars will no longer be accepted.***

**Signature & Date:** \_\_\_\_\_

### **Photo & Video Consent**

I agree that photos and videos of me/ my child may be taken during the seminar and used for educational, documentation and promotional purposes (e.g. website, social media, flyers).

I do not agree.

### **Liability Waiver / Disclaimer**

I participate in the seminar voluntary and confirm that I/ my child am/is physically and medically able to take part in physically demanding training.

I am aware that Kung Fu training involves a risk of injury.

I waive any claims for damage or liability against Annika Sala, the trainers, organizers and the venue, except in case of intent or gross negligence.

### **Data Protection Notice**

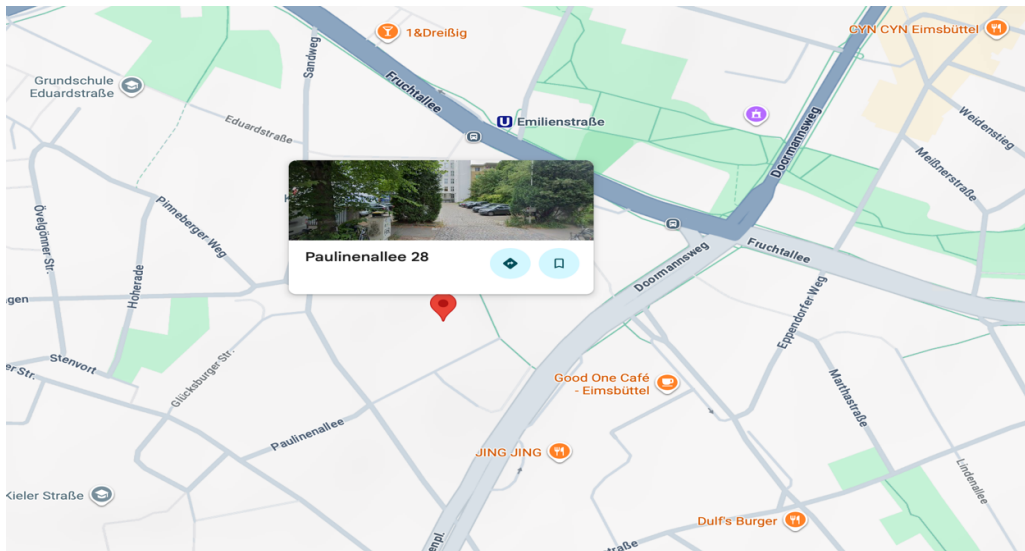
The personal data collected during registration will be used exclusively for the organization and execution of the seminar and will not be shared with third parties. Participants have the right to access, correct, or request deletion of their data any time.

By signing, I confirm that I have read and understood the data protection notice, the liability waiver/ disclaimer and the photo and video consent and I agree to their contents.

Please send the completed and signed registration form to: [info@annikasala.com](mailto:info@annikasala.com) .

**Signature & Date:** \_\_\_\_\_

# Trainings Base



## Schedule

### Friday:

- 7:00 am – 1:00 pm – Arrival and check-in at your chosen accommodation (hotel, Airbnb etc.)
- 1:30 pm – 2:50 pm – Registration and payment at the training base (Movement Space Hamburg, Paulinenallee 28, 20259, Germany)
- 3:00 pm – 5:30 pm – Training
- 6:00 pm – 7:20 pm – Break/ Dinner
- 7:30 pm – 8:30 pm – Training
- 8:30 pm – Return to accommodation/ free time

### Saturday:

- 7:00 am – 8:00 am – Training
- 8:00 am – 9:20 am – Break/ Breakfast
- 9:30 am – 12:00 pm – Training
- 12:00 pm – 2:50 pm – Break/ Lunch
- 3:00 pm – 5:30 pm – Training
- 6:00 pm – 7:20 pm – Break/ Dinner
- 7:30 pm – 8:30 pm – Tea Time, Q&A, group exchange
- 8:30 pm – Return to accommodation/ free time

### Sunday:

- 7:00 am – 8:00 am – Training
- 8:00 am – 9:20 am – Break/ Breakfast
- 9:30 am – 12:00 pm – Training
- 12:00 pm – 1:50 pm – Break/ Lunch
- 2:00 pm – 4:00 pm – Training
- 4:00 pm – 4:30 pm – Departure

Signature & Date: \_\_\_\_\_